

## Best Cranberry Relish

PARADE | November

Fresh orange juice.

### ingredients

- 16 ounces fresh cranberries
- 2 cups granulated sugar
- 1/2 cup cranberry juice
- 1/2 cup fresh orange juice
- 1 tablespoon ground cinnamon

### preparation

Combine ingredients in a saucepan. Cook over medium heat until the berries pop open (about 10 minutes). Skim the foam off the surface with a metal spoon and discard. Cool to room temperature. Refrigerate, covered, for up to 3 months.

### nutritional information

Per serving: 190 calories, 49 g carbohydrates, no protein, no fat, no cholesterol.  
*Nutritional analysis provided by New Wellness, Richmond, Va.*

x close

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**Research Purposes Only**

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Zest whole oranges before squeezing them for